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BE STRONG

Count: 32 **Wall:** 4 **Level:** Beginner / Intermediate

Choreographer: Audrey Watson

Music: The Words 'I Love You' by Chris De Burgh

DIAGONAL ROCK, RIGHT LOCK STEP, DIAGONAL ROCK, LEFT LOCK STEP

1-2 Cross/rock over left, recover to left
3&4 Step right forward, lock left behind right, step right forward
Traveling slightly diagonal left
5-6 Cross/rock left over right, recover to right
7&8 Step left forward, lock right behind left, step left forward
Traveling slightly diagonal right

FORWARD ROCK, TURN ¼ RIGHT, CROSS SIDE, BEHIND, SIDE, CROSS

1-2 Rock right forward, recover to left
3&4 Triple in place turning ¼ right and step right, left, right (9:00)
5-6 Cross left over right, step right to side
7&8 Cross left behind right, step right to side, cross left over right

ROCK TURN ¼, FORWARD SHUFFLE, FULL TURN, MAMBO STEP

1-2 Rock right to side, turn ¼ left and step left forward (6:00)
3&4 Shuffle forward right, left, right
5-6 Turn ½ right and step left back, turn ½ right and step right forward
7&8 Step left forward, step right back, step left together

BACK, BACK, TURN ½ SHUFFLE, STEP ¼ PIVOT, CROSS, TURN ½

1-2 Slide/step right back, slide/step left back
3&4 Turn ½ right and shuffle back stepping right, left, right (12:00)
5-6 Step left forward, turn ¼ right (weight to right, 3:00)
7&8 Cross left over right, turn ¼ left and step right back, turn ¼ left and step left to side (9:00)

REPEAT

TAG

To be added at end of walls 2 (6:00) & 5 (9:00)

1-2 Cross/rock right over left, recover on left
3-4 Rock right back, recover to left

ENDING

You will finish the dance facing wall 9. For a nice finish to the front, change count 5 to a turn ¼ right by stepping left to side