



LONG DISTANCE LOVE

Choreographed by: Dee Musk (United Kingdom)

Music: **Long Distance** by **Melanie Amaro**, BPM: 120, 3:50mins [CD: Single]

Descriptions: 64 count, 4 wall, Intermediate level line dance

32 Count Intro – Approx 16 seconds

Huge Thanks for the music from my friends Mike & Brenda.

Side Touch, Kick Ball Cross, Side Behind, Kick Ball Cross.

- 1,2 Step R to R side, touch L beside R.
- 3&4 Kick L to L diagonal, step L beside R, cross R over L.
- 5,6 Step L to L side, cross step R behind L.
- 7&8 Kick L to L diagonal, step L beside R, cross R over L. (**12 o'clock**).

Side Rock, Cross ¼ Turn L, Chasse ¼ Turn L, Cross Rock.

- 1,2 Rock L to L side, recover weight to R.
- 3,4 Cross L over R, make a ¼ turn L stepping back on R.
- 5&6 Make a ¼ turn L stepping L to L side, close R beside L, step L to L side.
- 7,8 Cross rock R over L, recover weight to L. (**6 o'clock**).

Side Rock, Sailor Heel, Ball Cross Hold, Side Behind ¼ Turn R.

- 1,2 Rock R to R side, recover weight to L.
- 3&4 Cross R behind L, step L to L side, touch R heel to R diagonal.
- &5,6 Step R beside L, cross L over R, hold count 6.
- &7,8 Step R to R side, cross L behind R, make a ¼ turn R stepping forward on R. (**9 o'clock**).

Step ½ Turn R, Step Reverse ½ Turn L, ¼ Turn L, Hold, Ball Side Touch.

- 1,2 Step forward on L, make a ½ turn R.
- 3,4 Step forward on L, make a reverse ½ turn L stepping back on R.
- 5,6 Make a ¼ turn L stepping L to L side, hold count 6.
- &7,8 Step R beside L, step L to L side, touch R beside L. (**6 o'clock**).

¼ Turn R, Touch, Full Walkaround Turn L, Behind Side Cross.

- 1,2 Make a ¼ turn R stepping forward on R, touch L beside R.
- 3-6 Walk around a full turn L stepping L, R, L, step R to R side.
- 7&8 Cross step L behind R, step R to R side, cross L over R. (**9 o'clock**).

Side Rock, Behind ¼ Turn Step, Rock Recover, Step Back, Reverse ½ Turn R.

- 1,2 Rock R to R side, recover weight to L.
- 3&4 Cross step R behind L, make a ¼ turn L stepping forward on L, step forward on R.
- 5,6 Rock forward on L, recover weight to R.
- 7,8 Step back on L, make a reverse ½ turn R stepping forward on R. (**12 o'clock**).

Step ¼ Turn R, Cross Shuffle, Side Rock, Sailor Step.

- 1,2 Step forward on L, make a ¼ turn R.
- 3&4 Cross step L over R, step R to R side, cross step L over R.
- 5,6 Rock R to R side, recover weight to L.
- 7&8 Cross step R behind L, step L to L side, step R to R side. (**3 o'clock**).

Behind ¼ Turn R, Step ¾ Turn R, Chasse L, Back Rock.

- 1,2 Cross step L behind R, make a ¼ turn R stepping forward on R.
- 3,4 Step forward on L, make a ¾ turn R.
- 5&6 Step L to L side, close R beside L, step L to L side.
- 7,8 Rock back on R, recover weight to L. (**3 o'clock**).

Tag End of Wall 5 facing 3 o'clock wall dance the following then begin again.

R Side Touch, L Side Touch.

- 1-4 Step R to R side, touch L beside R, step L to L side, touch R beside L.