

#### NO MAN'S LAND

Choreographed

Ria Vos (Netherlands)

by:

Music:

No Man's Land by Leanne Mitchell

Descriptions: 32 count, 2 wall, Intermediate level line dance

Intro: 8 Counts (± 10 sec)

## Side, Behind, ¼ R, ¼ R, Sailor ¼ R, Full Turn L, Step Back, Coaster Cross

- 1-2& Step R to R Side, Step L Behind R, <sup>1</sup>/<sub>4</sub> Turn R Step Fwd on R (3:00)
- 3-4& <sup>1</sup>/<sub>4</sub> Turn R Step L to L Side, Step R Behind L Turning <sup>1</sup>/<sub>4</sub> Turn R, Step L Next to R (9:00)
- 5-6 Step Fwd on R, Pivot ½ Turn L (weight on L) (3:00)
- &7 Turn another ½ Turn L Small Step Back on R, Small Step Back on L (9:00)
- 8&1 Step Back on R, Step L Next to R, Step R Fwd and Across L

### Side Rock-Cross, <sup>1</sup>/<sub>4</sub> L, <sup>1</sup>/<sub>2</sub> L, Point, <sup>1</sup>/<sub>2</sub> R Sweep, Cross, Side, Cross

- 2&3 Rock L to L Side, Recover on R, Step L Fwd and Across R (count 2&3: moving Fwd)
- 4&5 <sup>1</sup>/<sub>4</sub> Turn L Step Back on R, <sup>1</sup>/<sub>2</sub> Turn L Step Fwd on L, Point R to R Side (<u>12:00</u>)
- 6-7 <sup>1</sup>/<sub>4</sub> Turn R Step Fwd on R Sweeping L into another <sup>1</sup>/<sub>4</sub> Turn R, Cross L over R (6:00)
- 8& Step R to R Side, Cross L Over R

# Basic R, Side, Behind, <sup>1</sup>/<sub>4</sub> L, Side, Behind, Side, Cross Rock, Side Rock, Behind-Sweep

- 1-2& Step R to R Side, Rock Back on R, Recover on L
- 3-4& Step L to L Side, Step R Behind L, <sup>1</sup>/<sub>4</sub> Turn L Step Fwd on L (3:00)
- 5-6& Step R to R Side, Step L Behind R, Step R to R Side
- 7& Cross Rock L Over R, Recover on R
- 8&1 Rock L to L Side, Recover on R, Step L Behind R Sweeping R from Front to Back

#### Rock Back, Step Pivot ¾ Turn L, Side, Touch, Back, Kick, Ball, Cross

- 2-3 Rock Back, Recover on L
- 4& Step Fwd on R, Pivot <sup>3</sup>/<sub>4</sub> Turn L (<u>**6:00**</u>)
- \*\*\*Restart and Tag Point
- 5-6 Step R to R Side, Turn Body L Point L to L Diagonal
- 7 (Straighten Body) Step L Back to L Side
- &8& Kick R Fwd to R Diagonal, Step R Next to L, Cross L Over R

Restart: On 1st Wall after count 28 (6:00)

Tag & Restart: On Wall 6 after count 28 add

1-2 Step and Sway R, Sway L

Restart dance from count 1 (12:00)