



The Rush

64 Count, 2 Wall, Intermediate

Choreographer: Peter Metelnick & Alison Biggs (UK) Oct 2011

Choreographed to: Lightning by The Wanted (Alias Remix Radio Edit) (135 bpm)

1-8 R step touch, L kick ball cross, R reverse full turn

1-2 Step R side, touch L together

3&4 Kick L forward, step L back, cross step R over L

5-6 Turning $\frac{1}{4}$ right step L back, turning $\frac{1}{2}$ right step R forward

7-8 Step L forward, pivot $\frac{1}{4}$ right (12 o'clock)

9-16 Weave R 2, L sailor, weave L 2, R back rock & recover

1-2 Cross step L over R, step R side

3&4 Cross step L behind R, step R side, step L side

5-8 Cross step R over L, step L side, rock R back, recover weight on L

Restart: Wall 3: During wall 3 dance 1st 16 counts and restart facing front wall

17-24 R fwd, $\frac{1}{2}$ L pivot turn, L full turn fwd, $\frac{1}{4}$ L & vine R 4

1-2 Step R forward, pivot $\frac{1}{2}$ left (6 o'clock)

3-4 Turning $\frac{1}{2}$ left step R back, turning $\frac{1}{2}$ left step L forward Non-turning option: walk fwd 2

5-8 Turning $\frac{1}{4}$ left step R side, cross step L behind, step R side, cross step L over R (3 o'clock)

25-32 R side rock/recover, R back rock/recover, R fwd, $\frac{1}{4}$ L pivot, R fwd, $\frac{1}{2}$ L pivot

1-4 Rock R side, recover weight on L, rock R back, recover weight on L

5-8 Step R forward, pivot $\frac{1}{4}$ left, step R forward, pivot $\frac{1}{2}$ left (6 o'clock)

33-40 On R diagonal: R fwd step-lock, R step-lock-step, L fwd rock & recover, L chasse squaring to back wall

1-2 Turning towards right diagonal (7 o'clock): step R forward, lock R behind L

3&4 Step R forward, lock L behind R, step R forward

5-6 Rock L forward, recover weight on R

7&8 Squaring to back wall (6 o'clock) step L side, step R together, step L side

41-48 Weave L 4, on L diagonal: R fwd rock & recover, $\frac{1}{2}$ R shuffle

1-4 Cross step R over L, step L side, cross step R behind L, step L side

5-6 Turning towards left diagonal (5 o'clock): rock R forward, recover weight on L

7&8 Turning $\frac{1}{2}$ right step R forward, step L together, step R forward (11 o'clock)

49-56 On L diagonal: fwd cross points x3, cross step R over L, $\frac{1}{4}$ R & L step back

1-2 Facing left diagonal cross step L over R, point R side

3-6 Cross step R over L, point L side, cross step L over R, point R side

7-8 Cross step R over L, turning $\frac{1}{4}$ right step L back (1 o'clock)

57-64 On R diagonal: R back rock & recover, R fwd step-lock-step, L fwd, $\frac{1}{2}$ R pivot turn, L fwd shuffle & square off to back wall as you begin dance again

1-2 Facing right diagonal rock R back, recover weight on L

3&4 Step R forward, lock L behind R, step R forward

5-6 Step L forward, pivot $\frac{1}{2}$ right (7 o'clock)

7&8 Step L forward, step R together, step L forward

Square off to back wall as you begin the dance again.

TAG: At the end of every 2nd wall when you finish facing FRONT WALL:

add the following 8 count tag and then begin the dance again facing front wall.

1-4 Step R fwd, hold, step L fwd, hold (Prissy walks) - slow motion steps.....like in the song!

5-8 Cross step R over L, step L back, step R back, cross step L over R