



WE ONLY LIVE ONCE

Choreographed by: Robbie McGowan Hickie (United Kingdom)

Music: **We Only Live Once** by **Shannon Noll**

Descriptions: 64 count, 4 wall, Intermediate level line dance

Intro: 32 Count from Vocals

- S1** **2x Walks Forward. Step. Pivot 1/2 Turn Right. Step. 2x Walks Forward. Step. Pivot 1/2 Turn Left. Step.**
1-2 Walk forward on Left. Walk forward on Right.
3&4 Step forward on Left. Pivot 1/2 turn Right. Step forward on Left.
5-6 Walk forward on Right. Walk forward on Left.
7&8 Step forward on Right. Pivot 1/2 turn Left. Step forward on Right. (12 o'clock)
- S2** **Dorothy Step Diagonally Forward (Left & Right). & Forward Rock. Left Coaster Cross.**
1-2& Step Left Diagonally forward Left. Lock Right behind Left. Step Left Diagonally forward Left.
3-4& Step Right Diagonally forward Right. Lock Left behind Right. Step Right Diagonally forward Right.
5-6 Rock forward on Left. Rock back on Right.
7&8 Step back on Left. Step Right beside Left. Cross step Left over Right. (12 o'clock)
- S3** **Side Step Right. Behind. & Heel Jack. & Touch. & Left Heel-Ball-Cross. 2x 1/4 Turns Right.**
1-2& Step Right to Right side. Cross Left behind Right. Step ball of Right to Right side.
3&4 Touch Left heel Diagonally forward Left. Step Left back to place. Touch Right toe beside Left.
& Step ball of Right to Right side.
5&6 Touch Left heel Diagonally forward Left. Step Left back to place. Cross step Right over Left.
7-8 Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side. (6:00)
- S4** **Cross Rock. Chasse 1/4 Turn Left. 2x 1/2 Turns Left. Right Mambo Forward.**
1-2 Cross rock Left over Right. Rock back on Right.
3&4 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
5-6 Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.
7&8 Rock forward on Right. Rock back on Left. Step back on Right. (3 o'clock)
- S5** **2x Walks Back. Left Sailor. Right Sailor 1/4 Turn Right. Left Shuffle Forward.**
1-2 Walk back on Left. Walk back on Right.
3&4 Cross Left behind Right. Step Right to Right side. Step Left to Left side.
5&6 Cross Right behind Left. Make 1/4 turn Right stepping Left beside Right. Step forward on Right.
7&8 Left shuffle forward stepping Left. Right. Left. (6 o'clock)

S6 Step. Pivot 1/2 Turn Left. Right Kick-Ball-Step Forward. Heel Switches & Right Lock Step Forward

1-2 Step forward on Right. Pivot 1/2 turn Left.

3&4 Kick Right forward. Step ball of Right beside Left. Step forward on Left. (12 o'clock)

5&6 Touch Right heel forward. Step Right back to place. Touch Left heel forward.

&7&8 Step Left back to place. Step forward on Right. Lock step Left behind Right. Step forward on Right.

S7 Left Cross Rock. & Right Cross Rock. & Cross. 1/4 Turn Left. Left Shuffle 1/2 Turn Left.

1-2& Cross rock Left over Right. Rock back on Right. Step Left to Left side.

3-4& Cross rock Right over Left. Rock back on Left. Step Right to Right side.

5-6 Cross step Left over Right. Make 1/4 turn Left stepping back on Right.

7&8 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (3 o'clock)

S8 Right Mambo Forward. Left Coaster Step. Forward Rock. Right Shuffle 1/2 Turn Right.

1&2 Rock forward on Right. Rock back on Left. Step back on Right.

3&4 Step back on Left. Step Right beside Left. Step forward on Left.

5-6 Rock forward on Right. Rock back on Left.

7&8 Right shuffle making 1/2 turn Right stepping Right. Left. Right. (9 o'clock)