



How Sweet It Is

32 count, 4 wall, intermediate level

Choreographer: Peter Metelnick & Alison Biggs,

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Choreographed to: How Sweet It Is (To Be Loved By You) by James Taylor

1-8 R forward rock & recover, ½ R sweep into R coaster step, L forward rock & recover, L

coaster step

1-2 Rock R forward, recover weight on L

& Start sweeping R foot ½ R

3&4 Step R back, step L together, step R forward

5-6 Rock L forward, recover weight on R

7&8 Step L back, step R together, step L forward

9-16 R side step & sway R & L, full turn L, syncopated heel jack, weave R 2

1-2 Stepping R to R side sway R, sway L (*weight ends on L*)

3-4 Turning ½ L step R to R side, turning ½ L step L to L side

Non turning option for 3-4: step R together, step L to L side

5&6& Cross step R over L, step L back, touch R heel forward, step R back

7-8 Cross step L over R, step R to R side

17-24 ½ L & L to L side, hold, syncopated heel jack, L cross step, ¼ L & R back,

L coaster step

1-2 Turning ½ L step L to L side, hold

3&4& Cross step R over L, step L back, touch R heel forward, step R back

5-6 Cross step L over R, turning ¼ L step R back

7&8 Step L back, step R together, step L forward

25-32 R forward, L side touch, hold, step L together, R side touch, R & L sailor steps

1-3 Step R forward, touch L to L side, hold

&4 Step L together, touch R to R side

5&6 Cross step R behind L, step L to L side, step R to R

7&8 Cross step L behind R, step R to R, step L to L